HOST AGENCY: CENTRAL VIRGINIA CRIMINAL JUSTICE ACADEMY

NEGOTIATIONS WITH ABNORMAL AND DEVIANT BEHAVIORS



AUGUST 4-6, 2025

\$475

REGISTRATION INFORMATION

Register at www. PATC.com or <u>click here</u> to view more course information and register.

COURSE OVERVIEW

This course prepares law enforcement officers to handle mental health crises, atypical behaviors, and sexual deviance. Topics include identifying mental health disorders, assessing suicide risks, crisis intervention, and examining paraphilias through case studies. Officers will also explore community concerns, self-care strategies, and negotiation techniques, ensuring effective crisis response and public safety.



TRAINING LOCATION

Central Virginia Criminal Justice Academy 1200 Church St. Lynchburg, VA 24504

HOTEL ACCOMIDATIONS

Courtyard Lynchburg 4640 Murray Place Lynchburg, VA 24502 Phone: 434-856-7900 Contact Hotel for State Govt. Rate

QUESTIONS? www.PATC.com 1-800-365-0119

Negotiations with Abnormal and Deviant Behaviors

Instructor:

Ms. Goetze has served as the Mental Health Professional (MHP) for the Mobile Crisis Team as well as a counselor for three years in Grays Harbor County in Washington State. Currently she works as a therapist as the highest level of care before a psychiatric ward for extremely high acuity clients who experience homicidal and suicidal thoughts and attempts as well as a variety of abnormal mental illnesses. Ms. Goetze is also a diagnosing clinician for a psychiatric hospital. She has significant experience working with different law enforcement agencies as well as fire and EMS services during difficult calls with persons who are experiencing a mental health crisis. Ms. Goetze graduated from Capella University with a Bachelor of Psychology as well as completing a graduate degree- Master of Science in Psychology. Currently, she is working on her Doctoral degree where she will conclude her Ph.D., specializing in trauma and natural disasters through Northcentral University. Ms. Goetze is heavily trained in sexual deviant behaviors and abnormal behaviors.

Core Course Objective

This course will equip law enforcement officers with the knowledge and skills to effectively engage with individuals experiencing mental health crises. Participants will:

- Define atypical behaviors and discuss societal norms.
- Examine mental health detention, sexual deviant behaviors, intrusive thoughts, and suicide attempts.
- Understand how to identify and approach emotionally disturbed persons (EDPs) in crisis.
- Determine when it is appropriate to detain an individual or involve a mental health professional.

Course Overview

The **Mental Health Initiative 2024** marks a proactive shift toward mental health-centered approaches in law enforcement. Common mental illnesses encountered include **bipolar disorder**, **major depression**, **and anxiety disorders**. Research suggests that mental health crises are increasing due to multiple risk factors, often leading to crisis situations and negotiations.

Despite the growing prevalence of mental health-related negotiations, there has been limited research over the past 20 years examining this intersection. However, recent findings indicate that suicidality and mental illness contribute to over half of negotiation incidents. This significant research gap highlights the need for further study on law enforcement responses and best practices for negotiating with mentally disturbed individuals.

Key Considerations

- Cognitive Bias: Law enforcement officers may unknowingly carry cognitive biases when negotiating with individuals experiencing mental illness, impacting decision-making and outcomes.
- Risk Factor Awareness: A better understanding of mental health conditions and their associated risks can enhance officer response strategies.
- Sexual Deviance & Communication Challenges:
 - The definition of sexual deviance remains controversial, leading to challenges in prevention and intervention.
 - While sexual interest is universal, individuals with sexual paraphilias exhibit a higher likelihood of acting on such interests, necessitating targeted strategies for intervention and communication.

By addressing these critical areas, this course aims to improve law enforcement interactions with mentally disturbed individuals while promoting safety and effective crisis resolution.

Negotiations with Abnormal and Deviant Behaviors

Day 1: Deviant Behaviors

- Define atypical behaviors- behaviors that are undesirable, harmful to self or others, goes against societal norms or expectations of society.
- Common abnormal/atypical diagnosis- What is abnormal psychology? schizophrenia, schizoaffective, bipolar, antisocial personality disorders, sociopath, psychopath descriptions.
- Psychosis! Hallucination types, command hallucinations, stimuli
- Class discussion of mental health professional involvement/crisis teams including detainment or use of a DCR (Designated Crisis Responder) for grave disability, danger to self, danger to others, or danger to property. Class research and discussion for a mental health profession who has the ability to detain.
- Suicide attempts or threats of suicide- suicide lethality, are there plans, means, or intentions? Suicide history of the individual- assessing for safety, are there resources offered? Class participants will be asked to spend a couple minutes researching basic resources in their area to become familiar.
- Basic needs- Maslow's hierarchy of Needs- Food, Shelter, Water, Sleep
- Negotiations

Day 2: Sexual deviant behaviors

- Paraphilias, paraphilic & perversions- definition, class engagement on cases
- 1. Fantasy- need driven behaviors/stimulus
- 2. Voyeuristic Dx
- 3. Exhibitionistic Dx
- 4. Frotteuristic Dx
- 5. Sexual masochism Dx
- 6. Sexual sadism Dx
- 7. Pedophilic Dx
- 8. Fetishistic Dx
- 9. Transvestic Dx
- Class discussion, Case Studies and Negotiations

Day 3

- Class discussion on personal communities, what is considered normal in their communities, current issues that may cause atypical behaviors- substances (drugs or alcohol), environmental stressors.
- Personal self-care and coping skills for law enforcement officers Testing over abnormal behaviors!
- Negotiations